

Ghyllside Primary School

Gillinggate, Kendal,

Cumbria.

LA9 4JB

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Headteacher : Mr.H.B.Davies (BA. Hons)

Dear Parent/Carer,

30th January 2018

YEAR 6 RELATIONSHIP AND SEX EDUCATION - PUBERTY

In accordance with National Curriculum requirements, we are teaching a programme of Relationship and Sex Education, focusing on puberty, on Monday 19th February 2018. Of course we endeavour to do this in as sensitive a way as possible, taking into account the huge range of maturity levels of children at this age.

During the day, we will be watching 4 x 15 minute programmes, followed by group discussion work and individual worksheets. We use a DVD produced by, '4learning'- Channel 4, which is nationally recognised as being appropriate for children of this age and is supplied by the Cumbria County Council and the School Nurse in her role as advisor on the topic.

Topics include:

- Looking at the difference between males and females.
- Puberty – discussion of physical and emotional changes of boys and girls, including the menstrual cycle.

All topics will be addressed in the context of a loving family relationship. We will address, "How Babies are Made" and "How Babies are Born" during the Summer term – we will send out another letter regarding this.

If you have any questions, or would like to view the DVD beforehand, then please feel free to come in and talk to us.

Yours sincerely,

Andy Phillips

Liz Meyfroidt

Jill Abel

Lindsey Gillett

